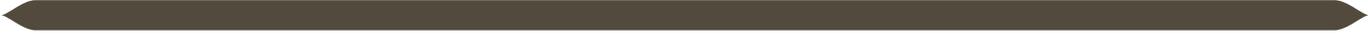


VITALLIFE



CONSULTATION MENU

ANTI-AGING DOCTOR CONSULTATION

30 / 60 Min

A session with wellness doctor to review all your conditions,
create treatment plan for your wellness.

AESTHETIC DOCTOR CONSULTATION

30 Min

A session with Aesthetic doctor to assess your skin condition both facial and body,
create treatment plan for your aesthetics.

NUTRITIONIST CONSULTATION

30 Min

A session with dietitian to review your diet pattern, eating habits,
create meal plan and lifestyle modification program.

ONLINE DOCTOR CONSULTATION

30 Min

A session with wellness doctor to follow up and update your conditions,
adjust your wellness plan

ONLINE NUTRITIONIST CONSULTATION

30 Min

A session with dietitian to follow up your plan and review your meal plan.

VITALLIFE

DIAGNOSTIC AND OTHER TESTS

ANKLE BRACHIAL INDEX (ABI)

15 Min

The ankle brachial index, or ABI, is a simple test that compares the blood pressure in the upper and lower limbs. Health care providers calculate ABI by dividing the blood pressure in an artery of the ankle by the blood pressure in an artery of the arm. The result is the ABI. If this ratio is less than 0.9, it may mean that a person has peripheral artery disease (PAD) in the blood vessels in his or her legs. The ABI test can:

- Diagnose PAD and prevent its progression and complications
- Identify people who have a high risk for coronary artery disease

BODY COMPOSITION ANALYSIS

15 Min

Body composition is a method of describing what the body is made of. It includes fat, protein, minerals and body water. It also describes weight more accurately than BMI.

Body composition analysis can accurately show changes in fat mass, muscle mass, and body fat percentage.

FOOD INTOLERANCE TEST

The blood test method is among the fastest and most accurate methods for identifying specific food intolerances or sensitivities. While traditional skin-prick tests measure a person's reaction to one food item at a time, blood testing checks reactions to over 200 food items with a single blood draw.

DIAGNOSTIC AND OTHER TESTS

DNA SCIENTIFIC WELLNESS

About 20,000 genes in our body give us our unique set of physical features. Alterations or mutations to the genes can occur due to environmental factors or during cell division. In most cases, these errors are harmless or the cell can repair them. At other times, mutations can attribute to diseases or conditions that are passed on to the next generation. DNA Wellness Screening analyzes your genes for potential health risks, and helps our physicians to create plan to prevent disease in the future.

HORMONE PANEL

Hormone screening can look at which hormone levels are out of balance. If your hormones are not optimal, our doctors can recommend a lifestyle change, supplementation, or bioidentical hormone replacement therapy to get you back in balance. Bioidentical hormone replacement uses man-made hormones that are very similar to the hormones produced by the human body thereby matching your own hormones. DHEA, estrogen, testosterone, and progestogens. Bioidentical hormones are more natural matching the chemical structure of the ones produced by our own bodies.

MICRONUTRIENTS (19 ITEMS)

Micronutrient testing is important, because deficiencies in vitamins and minerals can impact body function and cause health issues over time. Genetics, lifestyle, the environment age all impact the body's ability to absorb and process micronutrients. Low micronutrient levels can also contribute to aging, because cells become damaged without proper antioxidant protection.

DIAGNOSTIC AND OTHER TESTS

SPIROMETER

30 Min

Spirometer is noninvasive tests that show how well the lungs are working. The tests measure lung volume, capacity, rates of flow, and gas exchange. This information can help your healthcare provider diagnose and decide the treatment of certain lung disorders.

TOXIC METALS PROFILE (URINE)

A heavy metal urine test is a group of tests that measure the levels of potentially harmful metals in the blood. The most common metals tested for are aluminium, chromium, lead, mercury, arsenic, and cadmium. Heavy metals are found naturally in the environment, certain foods, medicines, and even in water.

FACIAL SKIN ANALYSIS (VISIA)

15 Min

Determine the health, condition and age of your skin using photo imaging technology. The photographs automatically detect skin type and provide a great visual tool that is then used to create an effectively personalized protocol for your skin care. The VISIA aids in the optimization of products and treatments that most benefit and support healing, hydrating and nurturing of your skin.

VITALLIFE

IV INFUSION

WEBER LASER THERAPY

45 Min

Intravenous Laser Therapy enables the application of laser light directly into the bloodstream by using a special fiber optic IV catheter technology. The laser light stimulates circulating blood cells and stem cells. Cold lasers produce a concentrated, low-power form of light energy with very powerful effects. Cold lasers are noninvasive and nondestructive, no sound, vibration or heat is produced and is completely safe to use in and on the body.

BEAUTY BOOST IV FORMULA

60 Min

This formula promotes the release of collagen and antioxidants to make the skin radiant, to slow down skin aging, to restore youthful skin, and to nourish beauty from within. Additionally, it helps clean and remove toxins from important organs in the body.

BLOOD OZONE IV FORMULA

30 - 45 Min

Ozone is a colorless gas made up of three oxygen atoms. It is used as an alternative therapy to improve the body's intake and use of oxygen and to activate the immune system. In medicine, ozone therapy is used to disinfect and treat diseases by limiting the effects of bacteria, viruses, fungi, yeast, and protozoa.

CHELATION IV FORMULA

60 - 90 Min

This formula promotes chelation of heavy metals, such as lead, arsenic, aluminum and cadmium, which have been unknowingly accumulated in the body. These toxins may come from foods, drinking water, pollution etc. After the heavy metals are removed from the body, both physical and mental fatigue will be relieved. Inflammation, pain and swelling stemming from toxic residue will also be relieved. Chelation therapy removes toxins from the body; improves energy and mental clarity; prevents and reverses heart disease and atherosclerosis; reduces inflammation; and strengthens immune system function.

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WELLNESS &
MEDICAL RETREAT

IV INFUSION

ENERGY BOOST IV FORMULA

60 Min

This IV formula raises the efficiency of fatty acid oxidation, diminishes the accumulation of fat molecules inside liver cells for better transformation of fat into energy, and boosts both energy levels and physical endurance. Thus it is appropriate for those desiring to lose weight, This formula also helps control blood sugar levels, relieves bodily inflammation and maintains bodily moisture, which is great for brain function, heart muscle movement and other vital system.

GUT HEALTH IV FORMULA

60 Min

This formula improves the function of the intestines and balances nutrients and essential amino acids to increase gut health. Moreover, it is helpful to cure abnormal intestine functioning which may lead to poor nutrient absorption. For example, these abnormalities may be leaky gut syndrome, small intestinal bacterial overgrowth, hypochlorhydria, irritable bowel syndrome, Crohn's disease, ulcerative colitis, celiac disease, food allergy, etc.

IMMUNE HI C IV FORMULA

60 Min

This formula supports the functioning of the immune system, offering high amounts of vitamin C and antioxidants. It prevents virus-related illness, reduces susceptibility to infection, relieves bodily inflammation and reinvigorates the body after having a cold, fatigue and stress. In addition, this formula decreases the risks of heart attack and stroke while increasing memory efficiency and controlling sleeping patterns. It is also useful to enhance beauty, since it stimulates collagen production to restore youthful and healthy skin, hair and nails.

RAK^{Xa}

WELLNESS &
MEDICAL RETREAT

IV INFUSION

IMMUNE FIGHTER

90 Min

Supporting Immunity with Immune System Fighter Package

Ozone Therapy

Ozone is administered intravenously (IV) and takes approximately 45-60 minutes per session. As the blood is inundated with oxygen and ozone, it creates an aerobic environment in which cells with anaerobic metabolisms cannot thrive, including bacteria and fungi.

Myer's Cocktail

Intravenous (IV) vitamin therapy is associated with the relief of chronic inflammation, muscle pain, fatigue and stress. With the perfect blend of multivitamins and hydration this infusion may provide immune support as well as prevent migraines and muscle cramps. Relax and restore balance to your mind and body.

IV INFUSION

IMMUNE FIGHTER PLUS

120 Min

Supporting Immunity with Immune System Fighter Plus Package

Ozone Therapy

Ozone is administered intravenously (IV) and takes approximately 45-60 minutes per session. As the blood is inundated with oxygen and ozone, it creates an aerobic environment in which cells with anaerobic metabolisms cannot thrive, including bacteria and fungi.

Myer's Cocktail

Intravenous (IV) vitamin therapy is associated with the relief of chronic inflammation, muscle pain, fatigue and stress. With the perfect blend of multivitamins and hydration this infusion may provide immune support as well as prevent migraines and muscle cramps. Relax and restore balance to your mind and body.

Weber Laser

Weber intravenous (IV) laser therapy offers advanced medically proven non-drug therapy for chronic diseases that strengthens the immune system and optimizes metabolism.

It is a medically proven therapy that is simple, comfortable and has no negative side effects.

Red Laser: Increase blood flow and reduces overall blood pressure. This action decreases the risk of serious chronic diseases such as heart disease and stroke. Promotes the production of melatonin, helping you sleep better, which contributes to a healthy immune system and an increase in energy levels.

Blue Laser: Offers anti-aging and anti-inflammatory properties. It is associated with the prevention of type 2 diabetes as well as relieve the symptoms associated with this serious medical condition. The blue laser is also associated with an improvement in cognitive ability.

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WELLNESS &
MEDICAL RETREAT

IV INFUSION

IMMUNE MYER IV FORMULA

60 Min

The Myers cocktail consists of magnesium, calcium, several B vitamins and vitamin C. Delivering nutrients to the body intravenously enables 100% absorption of the cocktail's vitamins and minerals. That is because IV infusion therapy bypasses the digestive system — a system that impairs the body's ability to fully absorb nutrients from food and supplements.

This is the primary formula in enhancing the immune system and it is great to get your body ready before and after traveling. It reduces susceptibility to infection and speeds up body recovery from illness, such as colds. This formula is also beneficial for emotional recovery and to help awake refreshed, energetic, vibrant, and with improved blood circulation.

BRAIN BOOSTER IV

60 Min

This formula supports the functions of the brain and nervous system, improves memory and concentration, relieves brain fatigue, restores energy, and reduces bodily inflammation. Enhance brain function with Somazina which support brain by promoting neurotransmitter production. Preventive cognitive decline, and anti-oxidant by Tripeptides and N-acetyl cysteine and supports nervous system by Vitamin B Complex.

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WELLNESS &
MEDICAL RETREAT

IV INFUSION

ANTIOXIDANT BOOST UP IV

60 Min

This formula provides antioxidants directly through blood circulation which is an effective and fast way to supply antioxidants, vitamins, and minerals to the cells. Also, it reduces inflammation, invigorates the body, and boosts energy levels. Help promote micronutrients in your body which are essential to your overall health, and enhance antioxidant and liver detoxification by Tripeptides. Boost Antioxidant effect by Alpha Lipoic acid which is well known as biological antioxidant.

LIVER DETOX IV FORMULA

60 Min

Liver is the workhorse of your detoxification system and one of the most important organs in the body. When it's overburdened your liver can't do its job properly. Provide your liver the nutritional support it needs to function optimally with this IV. When you do, you may also experience increased energy.

This formula cures a hangover as well as cleans and supports liver function to fight dangerous oxidants. It is suitable for those with fatty liver problems and those who frequently drink alcohol. The nutrients in this formula can increase liver efficiency to detoxify the body and change fat-soluble toxins into water-soluble ones. Thus allowing body to effectively get rid of these toxins through urine.

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WELLNESS TREATMENT

COLON HYDROTHERAPY

60 Min

Colon hydrotherapy involves the infusion of water into the rectum to cleanse and flush out accumulated waste from the colon. The procedure — called colonic irrigation or colonic — is designed to flush out the fecal matter that can accumulate and harden in the colon. This build-up may prevent the absorption of water and nutrients and lead to constipation, enable harmful bacteria and yeast to grow inside the colon, and cause toxins to be absorbed through the colon wall into the bloodstream — a process known as auto-intoxication.

WHOLE BODY LIGHT THERAPY

20 Min

Whole body photo-light therapy is a whole body light therapy device that uses red and near-infrared light to treat injuries, reduce pain, relax muscles/joints, and increase blood circulation. The therapy is called photobiomodulation or PBM.

CRYO SAUNA THERAPY

3 - 5 Min

Also known as Cold Therapy. This treatment is utilized to bring the body temperature down at the tissue and cellular level which brings numbers of physiological changes and therapeutic effects in our body. Widely used for anti-aging, cryotherapy aids our body in natural healing and rejuvenation processes that includes increased circulation, which provides youthful complexion and stimulation of collagen production, which is the foundation of firm and healthy skin. Also used for weight loss, as it increases the metabolic rate and caloric expenditure due to the increased workload of our body in producing heat and transporting blood. This treatment also induces other treatment, such as, pain management, decrease muscle spasms, reduce inflammation, improves muscle fatigue and increases metabolism

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WELLNESS &
MEDICAL RETREAT

WELLNESS TREATMENT

HYPERBARIC CHAMBER THERAPY

60 Min

This therapy increases the air pressure more than the normal air pressure, resulting to a state where your lungs gather more oxygen than from the normal air pressure. These oxygen will be carried all throughout your body which will help fight bacteria, it also stimulates the release of substances called growth factors and stem cells which promote healing.

INFRARED SAUNA THERAPY

20 - 30 Min

Gentle way of warming the body in a very comfortable way. The infrared waves penetrates deeper into the skin which brought numerous effect in our body. Commonly used as a natural way for anti-aging as it increases the production of anti-aging agents which aids both in clean-up and new cell growth. It also increases collagen production. This could also lead to other beneficial effects, such as increase circulation, detoxify, improve complexion and reduce wrinkles.

VITALLIFE

OTHER TREATMENT

PROBIOTIC REPLACEMENT THERAPY (PROBAC 10)

Depend on Doctor's prescription

Probac10 plus is a complete synbiotic formulation. Its blend of 10 probiotic strains combined with a prebiotic produce a synergistic effect. This is far more than other brands in the market that usually only contain one or two species.

Benefit

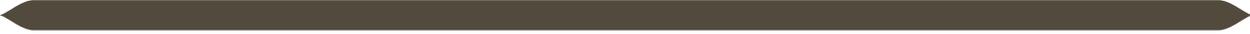
- GI Disorders : Acute Infectious diarrhea, Constipation, Irritable Bowel Syndrome (IBS), Inflammatory Bowel Disease (IBD), H. pylori infection, Antibiotic Associated Diarrhea (AAD)
- Reduce risk for Colon Cancer
- Liver Disorders : Alcoholic Fatty Liver Disease (AFLD), Non Alcoholic Fatty Liver Disease (NAFLD), Cirrhosis (Hepatic Encephalopathy)
- Immunomodulation
- Allergy, Lactose Intolerance
- Skin Disorders: Chronic Acne, Eczema
- Urogenital infections

SAXENDA INJECTION (WEIGHT LOSS INJECTION)

Depend on Doctor's prescription

Saxenda® (liraglutide) injection is an injectable prescription medicine used for adults with excess weight (BMI \geq 27) who also have weight related medical problems or obesity (BMI \geq 30) , and children aged 12-17 years with a body weight above 132 pounds (60 kg) and obesity to help them lose weight and keep the weight off. Saxenda® should be used with a reduced calorie diet and increased physical activity.

VITALLIFE



AESTHETIC TREATMENT

BOTULINUM INJECTION

Botox 10 unit 45 Min

Botox 30 unit 60 Min

Botox 50 unit 60 Min

Botox 70 unit 60 Min

Botox 100 unit 60 Min

Botulinum injection is FDA-approved to relax the muscles where it is injected and works on wrinkles that are caused by muscle movement resulting in a softened, reduced unwanted lines.

These are known as dynamic wrinkles, and are often called "expression lines."

The most common dynamic wrinkles that Botox can treat are lines on the upper face, such as the "11" between the brows, horizontal lines on the forehead, and crow's feet around the eyes. These lines are caused by smiling, frowning, squinting, and other facial expressions.

Botulinum injection will not work on fine lines and wrinkles caused by sagging or loss of plumpness in the face. These are known as static wrinkles. Static wrinkles include lines in the cheeks, neck, and jowl areas.

Botulinum injection is not a permanent treatment. Repeated treatments are necessary for continued wrinkle-reducing effects. Most people find that the muscle-relaxing effect lasts for 3 to 4 months.

AESTHETIC TREATMENT

COOLSCULPTING

CoolSculpting Mini 45 Min/cycle

CoolSculpting Advantage Mini 45 Min/cycle

CoolSculpting Advantage Plus 45 Min/cycle

CoolSculpting is a Cryolipolysis procedure to freeze the unwanted fat cells by controlled cooling and Freeze-detect technology. The CoolSculpting® procedure is FDA-cleared for the treatment of visible fat bulges in the submental (under the chin) and submandibular (under the jawline) areas, thigh, abdomen, and flank, along with bra fat, back fat, underneath the buttocks (also known as banana roll) and upper arm. It is also FDA-cleared to improve the appearance of lax tissue for sagging jowls and chin. This is not a treatment for weight loss but an effective, non-surgical body contouring procedure especially for difficult bulges despite heavy exercises and diet. A variety of applicators can be personalized to fit different body sizes and areas.

FAT ELIMINATION (VANQUISH)

Abdomen 45 Min

Vanquish is a non-surgical approach designed to decrease the circumference of the abdomen and thighs through the selective heating of fat tissue. The procedure uses radio-frequency energy to target and destroy fat cells by heating them up which results in fatty cell shrinkage and elimination. One benefit of Vanquish is that although the energy penetrates deep into the fat layers, the device used in the procedure doesn't contact the skin so the tissue above the fat layer is unaffected, making it safe for the surface skin layer

FILLERS

90 Min

Dermal fillers are small injections of gel, typically made up of hyaluronic acid, that fill in wrinkles and add volume to soft tissue.

You can have dermal fillers in different parts of your face: around the eye, cheeks, mouth and jawline, as well as lip fillers administered directly into the lip tissue.

Fillers have been used for years and basically restore lost volume to your face and plump areas, so that deep-set lines are smoothed.

AESTHETIC TREATMENT

ERBIUM-NDYAG LASER FOTONA

Full Face 60 Min

Neck 60 Min

Full Face & Neck 90 Min

Cheek 40 - 60 Min

Forearm 60 Min

Two complementary laser wavelengths (Er: YAG and Nd:YAG) in a single system. Combining both wavelengths in a single treatment makes best use of the unique laser-tissue interaction characteristics of each laser wavelength, and can dramatically improve the outcome of laser-assisted treatments to achieve superior clinical results.

Innovative solutions are available for a wide range of aesthetic treatments, including skin resurfacing & rejuvenation, pigmented lesions and more.

The technology can treat the skin from within and without. A "Smile-lift" technique to stimulate collagen from the surface and within the oral mucosa for a double-lifting effect to "lift-up" the smiles. Similar procedure to reduce eye bags and periorbital wrinkles with repeated sessions

Parameters can be adjusted to your individual needs with least downtime.

PHOTO-FACIAL REJUVENATION

20 / 30 Min

A high-end photobiomodulation technique using a new generation of monochromatic LEDs for photo-facial rejuvenation with 4 kinds of light. Blue light stimulates anti-bacterial and anti-inflammatory processes, fighting acne bacteria and restraining its spreading. Amber light is used to soothe the skin. Used at the beginning and at the end of a session, it helps prepare the skin for the treatment and increases the treatment's efficiency while used at the end of the procedure. Visible red light is absorbed by all the skin layers, including dermis. Exposure to this wavelength promotes the natural self-repairing process of the skin and stimulates the production of new collagen offering a wide range of esthetical applications, including rejuvenation and improvement of scars' aspect. Exposure to infrared triggers a response in the deep tissue to stimulate cellular processes and promote cellular repair mechanisms.

AESTHETIC TREATMENT

BRIGHT-LIFTING (PROFACIAL)

60 Min

Profacial is all-in-one solution for multi-dimensional, effective facial care by combining four technologies of Aqua Peeling, Ion Lifting, Multipolar RF and Ultrasound. The benefit of Profacial can reduce the appearance of wrinkles/ fine lines/ and dehydrated skin, helps uneven skin tone/ hyperpigmentation/ and sun damage, improves enlarged and congested pores, and controls acne or oily-prone skin, to help the prevention of breakouts. Combination with photo-facial rejuvenation gives enhanced skin glow.

INDIBA RF FOR BODY CONTOURING

Abdomen or Upper Thigh 60 Min

Abdomen and Upper Thigh 120 Min

Hip or Upper or Lower Back 60 Min

Upper and Lower Back 90 Min

INDIBA helps to rebalance the cells, increasing the internal temperature and activates metabolism, this reduce cellulite without damage to other cells.

INDIBA RF FOR FACIAL TIGHTENING

Neck 30 Min

Full face 30 Min

Full face & Neck 60 Min

INDIBA increases tissue temperature and cellular activity by promoting the synthesis of collagen and elastin and improving blood flow. Tissue is stimulated and oxygenated from the inside. INDIBA stimulates rejuvenation and revitalization, creating a tightening lifting effect whilst also reducing fat and cellulite as well as improving oxygenation and hydrating the skin. INDIBA generates the following biological effects:

BIOSTIMULATION (Activation of cell proliferation, repair and restoration mechanisms), VASCULARIZATION (Increase in local blood supply and improvement of tissue oxygenation and nutrition) and HYPERACTIVATION (Stimulation of metabolic processes and cell activity). Indiba can enhance synergistic effects after lypolysis and body-contouring procedures.

AESTHETIC TREATMENT

THERMAGE FLX

Eye (450 Shots) 90 Min

Mid and Lower Face (600 Shots) 120 Min

Full face and neck (900 Shots) 150 Min

Abdomen or Upper Arms (1200 Shots) 150 Min

The Thermage FLX procedure employs the latest patented radiofrequency (RF) technology. It has been clinically proven to tighten and gently lift skin to smooth out wrinkles and renew facial contours. The incision-free procedure is fast and easy, and requires no downtime from normal activities. Unlike lasers, the procedure can be performed on patients of all skin types. The device has been cleared by the FDA for the non-invasive treatment of facial wrinkles and rhytids. This technology releases an energy to stimulate the production of collagen and the result is a natural lift without significant downtime.

The latest FLX provides greater surface area coverage with automatic calibration allows for optimized energy delivery output. The cooling technology provides an exceptional level of comfort.

The energy produced also reaches down to the subcutaneous fat layer, helping to break down excess fat on the face, such as cheeks and wattle, helping to adjust the shape of the face to be slimmer-looking shape.

At RAK^{Xa}, we trust in technology that has over 2 million performed procedures of any tightening product worldwide.

AESTHETIC TREATMENT

ULTHERAPY

100 Shots 60 Min

150 Shots 60 Min

200 Shots 60 Min

250 Shots 60 Min

300 Shots 90 Min

350 Shots 90 Min

400 Shots 90 Min

Full Face (500 Shots) 120 Min

Full Face and Neck (600 Shots) 120 Min

The Ultherapy treatment is a non-invasive procedure that delivers collagen-boosting energy in a single treatment without downtime. During the treatment, you will feel the energy being delivered in the deep layers of your skin. Appreciate initial results immediately after treatment with gradual improvement over 2-3 months, or even up to 6 months as new collagen works to lift and tighten skin.

Ultherapy® deposits focused ultrasound energy deep beneath the skin at the optimal temperature for collagen regeneration. The treatment “jumpstarts” a natural process, neocollagenesis, to produce fresh, new collagen to counteract the effects of time and gravity on your skin. While Ultherapy® does not duplicate the results of a facelift, it's an exciting alternative for those who are not ready for surgery.

Unlike other energy devices, non-surgical Ultherapy® delivers a precise amount of ultrasound energy at optimal depths and temperature – without cutting or disrupting the skin's surface. The energy is precisely spaced to promote healing. The collagen produced after an Ultherapy® treatment is completely your own; no foreign substances are left behind. The result is a natural lift without significant downtime!

Ultherapy® is a great alternative for people who crave tighter skin and refreshed looks but are not ready for surgery. It offers a maintenance to keep your skin rejuvenated and youthful if performed at early age.

VITALLIFE

PHYSIOTHERAPY TREATMENT AND OTHER SERVICES

PHYSIOTHERAPY ASSESSMENT

60 Min

Physiotherapy Assessment is an analysis process with the professional principles of physiotherapy consist of history taking and physical examination. All information will be used for evaluate and summarize all of the internal and external factors of the guest's problems. Our physiotherapists and the guest can set a goal of treatment together which can treat, prevent for recurrent of injury, promote and restore physical and mental conditions with sustainable solutions.

PHYSIOTHERAPY

30 - 60 Min

A customized soft tissue manipulation treatment which is can activate muscles before training, prevent injuries, improve soft tissue stiffness, and improve muscle imbalance, decrease tension, and speed recovery after activity. This procedure will be personalized by sport type and individual need such as Localized Ultrasound Therapy, Peripheral magnetic stimulation (PMS) and Shockwave Therapy.

BALANCE AND REFLEX TEST

30 Min

Balance tests are a group of tests that check for balance disorders. A balance disorder is a condition that makes you feel unsteady on your feet and dizzy. Dizziness is a general term for different symptoms of imbalance. Dizziness can include vertigo, a feeling that you or your surroundings are spinning, and lightheadedness, a feeling like you are going to faint. Balance disorders can be mild, or so severe that you may have trouble walking, climbing stairs, or doing other normal activities.

PHYSIOTHERAPY TREATMENT AND OTHER SERVICES

COGNITIVE FUNCTION TEST

15 Min

If the signs of cognitive decline and possible Alzheimer's Disease (AD) are caught early enough then changes in nutrition, lifestyle and supplements may help to slow down the progression to the full disease and in many cases delay it enormously. The Cognitive Function (CFT) test aims to provide you with a tool to self-assess your level of cognitive impairment and potential risk of AD.

RF FOR PHYSIOTHERAPY

Depend on body area 30 / 40 / 50 Min

The system optimizes tissue recovery by supplying oxygen and nutrients, through the body's natural blood supply. The circulatory activation (microcirculation and vasodilation) stimulates the healing process of proliferation and fibroblasts activity generated by collagen. The result is tissue regeneration and recovery.