

RAK^{Xa}

WELLNESS &
MEDICAL RETREAT



BEGIN YOUR WELLNESS JOURNEY WITH ONE DAY AT RAK^{Xa}

If you have been searching for the perfect health and wellness solution that combines both modern and traditional medicine, look no further. At RAK^{Xa}...you will be guided on your wellness journey by a team of doctors and specialists in holistic medicine integrated with modern scientific principles. Practice revitalizing body movement and relaxation. Taste new, healthy foods.

Special offers for all residents of Thailand



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EXPERIENCE RAKxa ONE-DAY WELLNESS PACKAGE

A ONE-DAY package that allows you to try out a wide variety of both modern and traditional treatments. An ideal experience for both new and returning guests for your continued wellbeing.

ONE-DAY PACKAGE

THB 15,000 PER PERSON FOR FIRST-TIMER CUSTOMER

WILL RECEIVE:

- Health and Wellness consultation
 - Wellness doctor consultation
 - Functional fitness assessment
 - One Wellness cuisine lunch
 - One Tea break
- One Treatment at RAKxa Jai or RAKxa Gaya*
 - One Treatment at Vitallife*

RETURNING CUSTOMERS WILL RECEIVE:

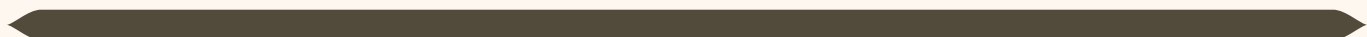
Holistic Wellness THB 9,900 per person	Integrated Wellness THB 11,900 per person	Medical Wellness THB 13,800 per person
Follow-up consultation with Health & Wellness advisor	Follow-up consultation with Health & Wellness advisor	Follow-up consultation with Health & Wellness advisor
One Wellness cuisine lunch	One Wellness cuisine lunch	One Wellness cuisine lunch
One Tea break	One Tea break	One Tea break
Two Treatments at RAKxa Jai or at RAKxa Gaya*	One Treatment at RAKxa Jai or at RAKxa Gaya*	Two treatments at Vitallife*
	One treatment at Vitallife*	

Today – June 30, 2021

PRIVILEGES**

- For each purchase of the “EXPERIENCE RAKxa ONE-DAY WELLNESS PACKAGE”
Receive 1 Holistic treatment credit voucher valued at THB 2,000.
- For purchase of 10 “EXPERIENCE RAKxa ONE-DAY WELLNESS PACKAGES” at the same time: **Receive 12 Holistic treatment credit vouchers.**

Plus 1 complimentary night in Garden villa room for 1-2 persons (room only), inclusive of complimentary Health and Wellness consultation.



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RAK ^{Xa} JAI*	RAK ^{Xa} GAYA*
Traditional Thai Massage	Physical Movement Assessment
Traditional Thai Reflexology Massage	Basal Metabolic Rate
Traditional Thai Oil Massage	Biomechanic Analysis
Pranayama	Lower Body Imbalance Assessment
Yoga Detox	Hydrotherapy Exercise
Marma Healing Massage	Performance Regenerating Exercise
Reiki	Active Brain Coordinating Exercise Personalise Corrective Exercise
ZenNaTai	Sport Performance Analysis
Singing Bowl	Private Outdoor Training
Chakra Balancing	Total body Power Training
Crystal Healing	HIIT Reenergize Training
Angel Stone Healing	Private Active Aqua Exercise
Chi Nei Tsang	Private Suspension Session
Mien Acupressure	Private Yoga
Acupuncture & Moxibustion	Private Tai Chi
Acupuncture & Electrostimulation	Thai Boxing
Tuina Acupressure Massage	Private Keiser Spinner
Cupping	Private Swimming Lesson
Guasha	Head to Toe Stretch
Facial Acupuncture	Core and Stability Training
Facial Guasha	
Mindfulness Meditation	
RAK ^{Xa} Relaxing Massage	
Aromatherapy Massage	
Balinese Massage	
Hand Massage	
Foot Massage	
Back Massage	
Scalp Massage	
Hommage Express Facial with Head Massage	
Hommage Invigorating "Back Facial"	
Floatation	
Deep Tissue Massage	

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VITALLIFE

Profacial

Physio Treatment Session

Immune Myer IV

Beauty Refresh IV

Metabolism Booster IV

Whole Body Light Therapy

Cryo-Sauna

Hyperbaric Chamber

Colon Hydrotherapy

Peripheral Magnetic Stimulation (PMS)

Privileges, Terms, and Conditions

Reservations

- EXPERIENCE RAK^{Xa} ONE-DAY WELLNESS PACKAGE reservation is applicable for daily from 9.00 am. - 4.00 pm., confirmation is subject to availability
- Reservation is required prior arrival date at least 1 day in advance.
- Cancellation and amendment are accepted with notification to RAK^{Xa} at least 72 hours prior arrival date.
- Full prepayment is required at the time of booking and it is non-refundable.
- Cancellation notifies to RAK^{Xa} shorter than 72 hours prior to arrival date or "No show" will occur full penalty charge with non-refundable.
- Rate are net inclusive of service charge and VAT.

**For guests staying in the Garden Villa

1. Complimentary access to the hydrotherapy zone, wellness swimming pool, fitness center, and other wellness group activities.
2. Special 10% off on Food & Beverage from regular price as below.
 - Breakfast at THB 1,200 per person
 - Lunch at THB 2,000 per person
 - Dinner at THB 3,000 per person
 - Afternoon Tea at THB 500 per person

**Holistic Treatment Credit Vouchers

- Holistic treatment credit vouchers are available to guests who have visited RAK^{Xa} as "Experience RAK^{Xa} One-day Wellness Package" guests or have stayed under any RAK^{Xa} Wellness packages only.
- Holistic treatment credit vouchers valued at THB 2,000 is applicable for treatments purchasing at RAK^{Xa} Jai and RAK^{Xa} Gaya only, and are not applicable to purchase treatments at Vitallife, Unam Restaurant, RAK^{Xa} Cha, Rx Store, or for the purchase of any other packages. If the required payment amount exceeds the value stated on the voucher, the supplement can be paid by cash or credit card.
- Holistic treatment credit vouchers are applicable to purchase additional treatments.
- One holistic treatment credit voucher is applicable per one holistic treatment.
- Holistic treatment credit voucher is valid for 30 days after EXPERIENCE RAK^{Xa} ONE-DAY WELLNESS PACKAGE usage date, and before 30 June 2021

For more information or reservation

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www.rakkawellness.com