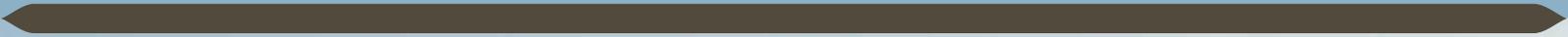


RAK^{Xa}

WELLNESS &
MEDICAL RETREAT

WELCOME TO RAK^{Xa},
WHERE HEALTH IS WEALTH.



MEET RAKxa.

RAKxa is a new approach to being well that is personalised to meet the unique needs of each guest. By treating the body as a whole and addressing the root cause of any 'dis-ease', RAKxa enables anyone, whatever their state of wellbeing, to restore and maintain optimum health.

A fully integrative wellness and medical retreat, RAKxa leads the way with its visionary approach, where holistic therapies and technology combine to deliver completely unique treatments.

A luxury retreat located within Bangkok's 'Green Lung', RAKxa embraces the very best of its natural setting and Thailand's warm hospitality. A place to relax, tune in and unleash your core, RAKxa offers a wellness experience that continues long after you leave.





NICE TO MEET ME.

Your picture of health is completely unique to you. That's why RAKxa's integrative approach to wellness is aimed at helping you truly know yourself. Our personalised programme of care is based on a deep understanding of your precise needs.



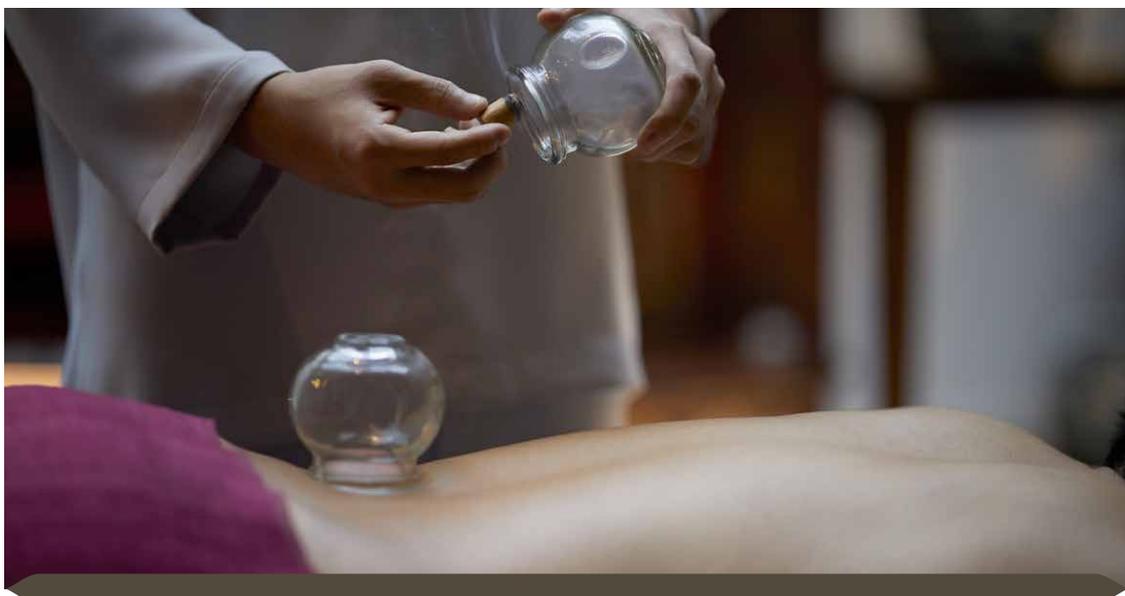
TRADITION MEETS TECHNOLOGY.

Our all-encompassing treatments cover all dimensions of the self: physical, emotional, mental and spiritual. Combining technology and tradition to reward you with measurable results, RAKxa's integrative programmes help you build wholesome routines and practices as you create and reach goals that move you ever closer to optimal wellbeing.



RETREAT PROGRAMMES

Discover RAKxa / Immunity booster / Detox
Destress / Mobilise / Gut health / Facial solution / Body solution
Facial and body solution / Weight management





TASTE MEETS HEALTH.

RAKxa's wellness cuisine is centred on the wholesomeness of its ingredients with great emphasis placed on their origins, the value of seasonality and the benefits of sustainable eating. The approach to food is guided by an anti-inflammatory philosophy and based on a deep understanding that gut and body imbalances are caused by the typical modern diet. Menus at RAKxa help the body eliminate harmful toxins by removing foods and ingredients that cause inflammation.





MEET THE REST.

RAKxa's villas are designed to encourage rest and reflection. The earth-toned spaces furnishings alongside handcrafted pieces that reflect the local community's relaxed simplicity.

Come away not only refreshed and revitalised, but with increased immunity and resilience, and with newfound strength of body and mind.

Welcome to a wellness journey unlike any other.
Welcome to RAKxa, where health is wealth.

