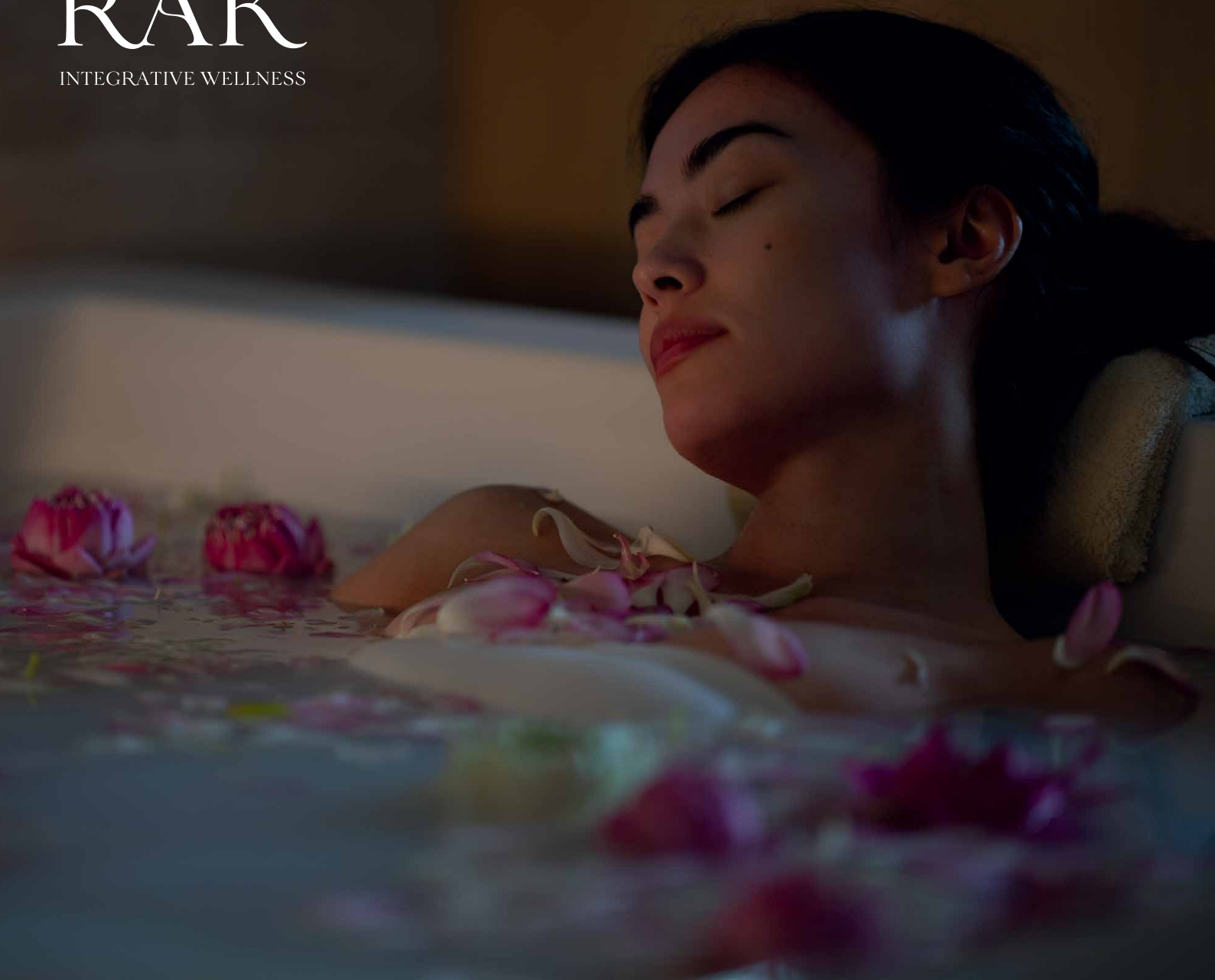


RAK^{Xa}

INTEGRATIVE WELLNESS



WELL RELAXED PROGRAMME

The programme aims to offer uplifting experience to guests who want to get away from their busy daily life, relieving your physical tensions caused by repetitive working positions and allowing your mind to be free from distress.

The integrative approach in the programme consists of various treatments that are intentionally selected to yield maximum results. The different kinds of massages, stretching technique and deep relaxing procedures based on the know-how of physiotherapy, Ayurveda, Traditional Thai Medicine, and therapeutic spa are implemented to unlock your physical stiffness. Meanwhile, sound therapy using Tibetan singing bowl and oxygen therapy helps unwind your emotional and mental stress and improve your sleep quality. Additionally, your facial skin will be intensively revived and refreshed.



	3 Nights
ASSESSMENTS / CONSULTATIONS	
Health and Wellness Consultation	✓
RAKxa Functional Fitness Assessment	✓
Doctor Consultation	✓
TREATMENTS/ACTIVITIES	
Thai Deep Sleep & Skin Radiant Therapy 110 min	✓
Marma Healing Massage 50 min	✓
Singing Bowl Healing 50 min	✓
Head To Toe Stretch 50 min	✓
Deep Tissue Massage 50 min	✓
Hot Stone Massage 80 min	✓
RAKxa Relaxing Massage 50 min	✓
Bright-Lifting (Profacial) 60 min	✓
Hyperbaric Chamber Therapy 60 min	✓
EXPERIENCES/FACILITIES	
Round-trip airport transfer	✓
Overnight stay in Garden Villa	✓
Three wellness meals and an afternoon tea set per person on a daily basis	✓
Complimentary healthy drinks, herbal tea and fresh seasonal fruits provided in the Villa	✓
Complimentary access to the gym and daily fitness activities	✓
Complimentary access to hydrotherapy area, including vitality pool, cold plunge pool, steam room, sauna and experience shower	✓

Package		Normal Season 1 May - 31 Oct 2024		High Season 1 Nov - 21 Dec 2023 8 Jan - 30 Apr 2024		Peak Season 22 Dec 2023 - 7 Jan 2024	
		SGL (THB)	DBL (THB)	SGL (THB)	DBL (THB)	SGL (THB)	DBL (THB)
Well Relaxed	3N Well Relaxed	147,000	126,000	158,000	133,000	175,000	144,000

Terms & Conditions

- Rates are net in Thai Baht, inclusive of 10% service charge and 7% government tax.
- Rates are per person per programme.
- RAKxa reserves the right to increase rates if there is a change to government tax.
- Rates will be adjusted accordingly to reflect any changes that might occur.
- Supplementary charge per person per night will be applied for Pool Villa upgrade.
- A 100% deposit is required upon the time of reservation.
- The reservation is non-cancellable and non-refundable.
- Villa and treatments will be subject to property availability upon reservation.
- Treatment programmes will be subject to personalisation based on each customer's health conditions and the recommendations from medical doctors and health & wellness advisors.
- Reservations require a minimum of 72 hours prior to the arrival date.